



LILLY FURSE

NEUROLOGICAL PHYSIOTHERAPIST

CONTACT

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EDUCATION

2021 - 2024

Keele University

- MSci (Hons) Physiotherapy

2025

APPI Clinical Matwork Pilates

- Level 1
- Level 2
- Level 3

SPECIALITIES

- Brain Injury Rehabilitation
- Pilates - Group and 1:1
- Gym and exercise programmes

TRAINING

Lilly has attended and delivered in-service training sessions at Physio Matters, showing a strong commitment to ongoing learning. She also takes part in bi-monthly Brainwaves training focused on neurological rehabilitation. In addition to these regular sessions, Lilly has completed several external courses that enhance her clinical expertise. For a list of current external courses Lilly has attended, please contact us on 0161 681 6887.

PROFILE

Lilly Furse is a **Neurological Physiotherapist** at **Physio Matters**, with a strong interest in **Pilates**-based rehabilitation and supporting individuals with neurological conditions. She holds a First Class Honours degree in Physiotherapy, reflecting her academic excellence and commitment to clinical practice.

Lilly brings a unique blend of personal and professional experience to her role. She was **captain of her university's First XI hockey team**, demonstrating leadership and teamwork, and has firsthand insight into neurological rehabilitation through supporting her mother, who lives with **Multiple Sclerosis**.

Her approach focuses on using Pilates principles to improve **posture, core strength, and functional movement**, while tailoring therapy to each client's goals and lifestyle. At Physio Matters, Lilly is dedicated to delivering compassionate, person-centred care and helping clients achieve meaningful progress in their rehabilitation journey.

EXPERIENCE

- Neurological Physiotherapist 2024 - PRESENT
Physio Matters Neurological Ltd
- Student Placements 2021 - 2024
 - Elective Orthopaedic
 - Paediatric Neuro Physiotherapy
 - Scoliosis Clinic
 - Critical Care Physiotherapy
 - MSK Outpatients
 - Macmillan Oncology
 - Acute Inpatient Physiotherapy

