



ELAINE O'FLAHERTY

SPECIALIST NEUROLOGICAL PHYSIOTHERAPIST

CONTACT

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- www.physio-matters.org

EDUCATION

2005 - 2008 **University of Salford** BSc (Hons) Physiotherapy

2023 - 2025 **University of Keele** MSc Neurological Rehabilitation (Distinction)

SPECIALITIES

- Brain Injury Rehabilitation
- Aquatic Physiotherapy
- Complex Disability
- MDT working

TRAINING

PROFILE

Elaine O'Flaherty is a Specialist Neurological Physiotherapist at Physio Matters, with extensive experience in the holistic management of clients with catastrophic injuries and long-term neurological conditions. Since qualifying in 2008, Elaine has worked across NHS and private sectors, including roles at Salford Royal NHS Foundation Trust, treating clients in acute hospitals, inpatient rehabilitation, outpatient clinics, and community settings.

Elaine completed her MSc in Neurological Rehabilitation in 2025, further strengthening her clinical expertise and leadership in complex case management. She is skilled in coordinating care for individuals with both physical and cognitive challenges, ensuring personalised and effective rehabilitation pathways.

Elaine combines manual therapy, exercise programmes, and education to empower clients in their recovery. Her approach is rooted in collaboration, compassion, and a commitment to helping people regain independence and improve quality of life.

EXPERIENCE

•	Specialist Neurological Physiotherapist Physio Matters Neurological Ltd	2020 - PRESENT
•	Associate Case Manager Beacon Case Management Ltd	2021 - PRESENT
•	Associate Case Manager AJ Case Management	2017 -2021
•	Associate Senior Neuro Physiotherapist Osiris Health/PSP	2017 - 2019
•	Senior Neurological Physiotherapist Physio.co.uk	2015 - 2017
	Band & Rotational Physiotherapist	

Salford Royal NHS Foundation Trust

Band 5 Rotational Physiotherapist Salford Royal NHS Foundation Trust

Elaine has attended and delivered in-service training sessions at Physio Matters, showing a strong commitment to ongoing learning. She also takes part in bi-monthly Brainwaves training focused on neurological rehabilitation. In addition to these regular sessions, Elaine has completed several external courses that enhance her clinical expertise. For a list of current external courses Elaine has attended, please contact us on 0161 681 6887.





