



ANASTASIA GILJAZOVA

SPECIALIST NEUROLOGICAL PHYSIOTHERAPIST

CONTACT

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EDUCATION

2011 - 2014

University of Salford

- BSc (Hons) Physiotherapy

2001 - 2004

Estonia University of Life Sciences

- BSc Business Management

SPECIALITIES

- Brain Injury Rehabilitation
- Vestibular Rehabilitation
- Aquatic Physiotherapy
- Complex/challenging clients

TRAINING

Anastasia has attended and delivered in-service training sessions at Physio Matters, showing a strong commitment to ongoing learning. She also attends bi-monthly Brainwaves training focused on neurological rehabilitation. In addition to these regular sessions, Anastasia has completed several external courses that enhance her clinical expertise. For a list of current external courses Anastasia has attended, please contact us on 0161 681 6887.

PROFILE

Anastasia Giljazova is a Specialist Neurological Physiotherapist at **Physio Matters**, with specialist expertise in **brain injury rehabilitation** and **vestibular therapy**. She is passionate about helping clients recover **balance, coordination, and confidence** following neurological trauma, using evidence-based techniques tailored to individual needs.

Anastasia has experience working across a range of clinical settings, supporting clients with complex presentations and helping them regain independence in daily life. Her approach is rooted in building trust, understanding each person's unique journey, and delivering therapy that is both functional and meaningful.

At Physio Matters, Anastasia is committed to delivering high-quality, person-centred care. She continues to develop her clinical skills in **vestibular rehabilitation, aquatic physiotherapy** and neuro recovery, helping clients reconnect with their potential and improve their quality of life.

EXPERIENCE

- Specialist Neurological Physiotherapist 2023 - PRESENT
Physio Matters Neurological Ltd
- Senior Neurological Physiotherapist 2017- 2023
Physio Matters Neurological Ltd
- Band 5 Inpatient Physiotherapist 2015 - 2016
Wrightington, Wigan & Leigh I Foundation Trust
- Band 5 Acute Stroke Physiotherapist 2015
Wrightington, Wigan & Leigh I Foundation Trust

