



KATERINA HOLECKOVA

NEUROLOGICAL REHAB COACH & BUSINESS SUPPORT TEAM LEAD

CONTACT

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EDUCATION

2016 - 2019

University of Worcester

BSc (Hons) Sports Therapy

2019 - 2020

Leeds Beckett University

MSc Sport & Exercise Medicine

SPECIALITIES

- Brain Injury Rehabilitation
- Gym programmes
- Safeguarding Lead
- Business Operations

TRAINING

Kat has attended and delivered in-service training sessions at Physio Matters, showing a strong commitment to ongoing learning. She also takes part in bi-monthly Brainwaves training focused on neurological rehabilitation. In addition to these regular sessions, Kat has completed several external courses that enhance her clinical expertise. For a list of current external courses Kat has attended, please contact us on 0161 681 6887.

PROFILE

Katerina Holeckova is a **Neurological Rehab Coach** at **Physio Matters** with a **BSc (Hons) in Sports Therapy** from the University of Worcester and an **MSc in Sport and Exercise Medicine** from Leeds Beckett University. She is part of our Neuro Rehab Team, working closely with our Clinical Team of Neurological Physiotherapists and Neuro Rehab Coach to provide specialist rehabilitation support for clients with complex needs.

Originally from Prague, Kat brings a strong academic foundation and practical experience in sports injury rehabilitation, with additional training in concussion management. She is also a qualified Handball Coach and has a personal passion for skiing and yoga.

Alongside her clinical role, Kat leads our **Business Support Team**, where she plays a key part in coordinating services and ensuring smooth operational delivery across the practice. Her dual expertise in therapy and team leadership makes her a vital part of the Physio Matters team

EXPERIENCE

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| ● Business Support Team Lead
Physio Matters Neurological Ltd | 2025 - PRESENT |
| ● Sports Therapist
Halifax Vandals RUFC | 2025 - PRESENT |
| ● Neurological Rehab Coach
Physio Matters Neurological Ltd | 2021 - PRESENT |
| ● Sports Therapist Assistant
Harrogate Rugby Union FC | 2020 - 2024 |
| ● Massage Therapist
Massage Clinic, Huddersfield | 2019 - 2021 |
| ● Care & Support Worker
Willows Care Home, Worcester | 2016 - 2019 |
| ● Handball Coach
HC Haje Progaue | 2015 -2016 |

